



## A hidden Arts Enclave

Stop by Jac's Cafe for a delicious breakfast or smoothie - inside and outside dining, as well as take-out!

Head over to the Sandpaper Factory for the Sandpaper Saturday pop-up shops. See the work of local artists and boutiques and pick up something special for yourself (or a friend)! Fun Fact: The Sandpaper Factory's

120,000 square foot mill building that has been converted into multi-tenant creative and industrial spaces. The building was built in 1890 for the Rice and Hutchins Shoe Company and was later used to manufacture sandpaper by the American Sandpaper Company. Check their website for dates for the pop-up shops!

Head down to Rockland's Town Center – pop into the local merchants and grab a slice of pizza or sub for lunch. Take a stroll (or bike ride) down the 3-mile-long old Rockland Rail Trail. You can view the old original rails and see some information at the Union Street Crossing and parking is available at the Rockland Police Station.

Check out the Almshouse and “tramp” house – one of the few remaining historical houses of this kind. Those living in Almshouse were mostly widows of Civil War soldiers and their children. These structures were attracted to towns like Rockland, Abington and Whitman because of the booming shoe industry in the area.

Grab a snack or dinner at one of Rockland's newest hotspots, Lucca. If you haven't tried it already, you need to – a little bit of the North End, right here in our own backyard.

### ART & HISTORY

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Sandpaper Factory Saturday pop-up shops

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Almshouse and "tramp" house

### FOOD SCENE

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Jac's Cafe

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Lucca South Shore

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Rockland Center's great pizza shops

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Mineiros Brazilian Steakhouse

### OUTDOOR SPACE

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Rockland Rail Trail



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for more excursions and things to do on the South Shore!

**DON'T FORGET!** Tag us on social your Hello! adventures to be entered to win awesome regional goodies.

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